AT-HOME COVID-19 RAPID ANTIGEN SCREENING

STEPS FOR SELF-ADMINISTRATION

1. Insert swab into EACH nostril about 1” deep and swirl 5 times.

2. Insert the swab into the prepared tube.

3. Swirl the swab tip in the buffer fluid for 15 seconds.

4. Remove the swab from the vial and replace swab in packaging.

5. Place the lid attached to the vial on top of it to create a dropper.

6. Invert dropper and put 3 drops into the testing device well.

7. Set a timer for 15 minutes.

8. After 15 minutes check the device for your test result.
   - One red line: negative
   - Two red lines: presumed positive

9. Take a photo of your test result and upload it to the UCheck App.
   rapidscreening.ucheck.utoronto.ca

10. Dispose of all used test materials (swab, viral, and slide) in the garbage.

11. NEGATIVE RESULT: You may proceed to campus.

   POSITIVE RESULT: Do NOT come to campus. Contact EHS and book a PCR test.

   UNSURE RESULT: Complete another screen. If still unsure, contact EHS.

   EHS Contact: ehs.occhealth@utoronto.ca